

Musical Circles

Music -- Any good 2/4 music.

Formation -- Single circle, partners side by side, all hands joined

Action

1. 8 slides to left.
8 slides to right.
4 skips to centre of circle.
4 skips to outside of circle.

Take partner's two hands and spin around on one spot for 8 counts. Repeat all.

2. 8 slides to the left.
8 slides to the right.
4 slides to the left.
4 slides to the right.
2 slides to the left.
2 slides to the right.
1 slide to the left.
1 slide to the right.

Jump with feet together once.

3. Slide to the left 4 slides; drop hands, turn so that back is to centre of circle, join hands, and, slide to the right 4 slides; drop hands, turn to face centre of circle again, join hands and, continue as from the beginning.

No extra counts are allowed for the turning each time. The circle continues sliding in clockwise position (alternately facing the centre and the outside) until the music stops or some signal is given.*

Nixie Polka

Music



*Note: If the change is made with every 2 slides instead of every 4 slides, the group will be doing a regular hop polka step.

Formation -- Single circle, facing center. One or more in the center as leaders.

Action

All take a slow hop on left foot, placing right foot forward with the heel touching the floor and the toe raised. Then all hop on right foot, with left foot forward. Repeat these two hops.

Leader runs 21 steps and then stands before the person he chooses as his partner; people forming circle always take running steps in place. On last two notes, all stamp.

All repeat the four hops. Then the leader makes a half turn and his partner places both hands on the leader's shoulders. They take the 21 running steps and they both stop before the second person to be chosen.

All repeat the four hops. Then the leader and his first partner make half turn. The person just chosen puts hands on leader's shoulder. Leader put hands on shoulders of the first person chosen, so that person is now the new leader.

Repeat until all are in the line.

Paul Jones Figures

Ways of getting partners.

1. Grand right and left with music; get partner when music stops.
2. Two circles, one inside other, facing opposite directions, marching to music; when music stops stand near new partner and talk until music begins.
3. Girls join hands in circle, raising arms as windows. Boys join hands and wind in and out the windows until boys' circle is complete, then step to right or left to new partner.

Peter Pan Schottische

Music -- Any good, old-fashioned schottische or popular fox-trot music may be used.

Formation -- In couples -- Gentleman's right arm about lady's shoulder, holding her right hand in his, and holding her left hand in his left hand.