

Musical Circles

Music -- Any good 2/4 music.

Formation -- Single circle, partners side by side, all hands joined

Action

1. 8 slides to left.
8 slides to right.
4 skips to centre of circle.
4 skips to outside of circle.

Take partner's two hands and spin around on one spot for 8 counts. Repeat all.

2. 8 slides to the left.
8 slides to the right.
4 slides to the left.
4 slides to the right.
2 slides to the left.
2 slides to the right.
1 slide to the left.
1 slide to the right.

Jump with feet together once.

3. Slide to the left 4 slides; drop hands, turn so that back is to centre of circle, join hands, and, slide to the right 4 slides; drop hands, turn to face centre of circle again, join hands and, continue as from the beginning.

No extra counts are allowed for the turning each time. The circle continues sliding in clockwise position (alternately facing the centre and the outside) until the music stops or some signal is given.*

Nixie Polka

Music



*Note: If the change is made with every 2 slides instead of every 4 slides, the group will be doing a regular hop polka step.