CHAPTER 5

ALTERING SKIRT, YOKE AND DRAWERS PATTERNS FOR FIGURES THAT VARY FROM THE AVERAGE

Altering Gored Skirts for Figures with Round or Prominent Abdomen or Prominent Hips―
Altering Circular Skirt Patterns for Figures with Round or Prominent Abdomens or
Prominent Hips―Altering Yoke Patterns for Figures that are Large or Small
in the Waist―Altering Drawers Patterns for Figures with Prominent Abdomens

ALTERING A GORED SKIRT PATTERN FOR A PROMINENT ABDOMEN. On fig-
ures of this type a skirt pattern unless it is altered will stand out at the front and
at the sides. These women as a rule have flat backs. A small pad worn under
the corset at the back will fill in the hollow of the figure below the waistline.

For a round or prominent abdomen or prominent hips it is advisable to cut half the skirt
in cheap muslin before cutting your good material. In working with the muslin find
out just what changes are necessary to make the skirt fit your figure. Then it will be
safe to cut your material.

Illustration 53 shows the alteration that is necessary to make a pattern
fit a figure with a prominent abdo-
men. The front of the skirt pattern
must be extended an inch or more at
the top, this extension gradually de-
creasing to nothing at the hip.

In extending the gores the waist-
line becomes smaller, so the side
dges of the gore must be increased
to keep the waistline the original
size. (Ill. 53.) This extension at
the sides should slope to nothing at
the hipline. (Ill. 53.) Lay your
pattern on a cheap muslin, mark the
allowance at the top and side edges
of the gores. Mark the outline of
the original pattern on the muslin
with colored chalk so that you will have the original shape as a guide in fitting, but cut the
muslin by the new larger outline.

Cut out the muslin, put it together and baste the skirt to an inside belt. Try it on.
If it takes a good line on your figure and does not swing toward the front it is safe to cut
your good material just as you cut the muslin. Do not use the muslin for a cutting
pattern for its edges stretch and become unreliable. Always cut from a paper pattern.

A WOMAN WITH A ROUND ABDOMEN should take the side-front gore of the pattern
and mark the hipline on it seven inches below the normal waistline. (Ill. 54.) At the hipline
on the back edge of the gore take up ¼ of an inch. (Ill. 54.) This ¼ of an inch
will change the entire balance of the gore, making the pattern hang straight instead of
swinging toward the front.

If it is necessary in a skirt of many gores you could do the same thing to the next side-
gore, but do not carry this alteration back of the hip. You can increase the size of the
dart-shaped plait if necessary until the back edge of the gore above the hip forms a
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straight line with the back edge below the hip. (Ill. 54.) The back edge must never become hollow or concave. (Ill. 54.)

FOR PROMINENT HIPS take the gore pattern in which the front edge comes over the fullest part of the hips. Pin the pattern together and try it on the figure, to be sure which gore this is.

A simple alteration is made in this gore such as is made for a round abdomen. Take up a dart-shaped plait \( \frac{1}{4} \) of an inch deep at the back edge of the gore, letting it slope to nothing at the hip. (Ill. 55.) If necessary in a skirt of many gores, the next gore toward the back can be altered in the same way. But the shape of the back gore should never be changed in altering the skirt pattern to fit the prominent hip. These principles can be applied to any gored skirt pattern.

ALTERING A CIRCULAR SKIRT FOR A PROMINENT ABDOMEN. If a woman has a slightly rounded or a decidedly prominent abdomen an alteration is necessary to give her extra length at the top. If this alteration is not made in cutting, the skirt will draw up in front and stand out in an ugly manner.

The amount of the alteration will depend on the prominence of the abdomen. It may be necessary to add from \( \frac{3}{4} \) an inch to \( 1 \frac{1}{4} \) inch to the skirt at the center-front, letting this allowance slope to nothing at the hip. (Ill. 56.) If the abdomen is decidedly prominent it is better to lay the skirt pattern on muslin first, mark the outline of the edge of the pattern with chalk or bastings and leave sufficient material beyond the outline to raise the waistline as much as necessary. It should fall in a straight line from the fullest part of the abdomen to the bottom. In extreme cases it may be necessary to put a dart at the center-front, but usually a slight easing into the belt of the skirt at the front will be sufficient.

In extending the top of the skirt you make the waistline smaller, so if the waistline was the correct size for you in the first place it will be necessary to increase the size of the new waistline to keep it to the original size of the pattern.

If only a small increase is needed, the skirt can be lifted a little at the back, which will increase the waist size. For a decidedly prominent abdomen slash the top of the muslin at three places to the hipline (Ill. 57), lay the pattern on the muslin and mark the new outline on the top, separating the slashes sufficiently to make the new waistline the right size. (Ill. 57.) This will take a little width out of the lower edge of the skirt, for when you will find it necessary to lay plaits in the pattern in order to make it lie flat on the material.
ALTERING A CIRCULAR SKIRT PATTERN FOR A FIGURE WITH PROMINENT HIPS. Mark the hip line on the pattern seven inches below the normal waistline. At the hip line on the back edge of the pattern take up a dart-shaped plait ½ inch deep and taper it into nothing at a point just over the fullest part of the hip. (Ill. 58.) Slash the pattern from the upper edge to the hip line to make the pattern lie flat. (Ill. 58.) This will increase the size of the waist. The extra fullness can either be eased into the belt or taken up in a small dart when making the skirt. In cutting the skirt fill in the narrow edge above the plait, keeping the back edge straight. (Ill. 58.)

ALTERING A YOKE PATTERN. If your waist is large or small in proportion to your hips it will be necessary to alter the waist size of a circular yoke pattern. The alteration is very simple.

If the waist size is too small for you slash the yoke pattern from the upper edge to the hip line, making the slashes in three places. (Ill. 59.) In opening the yoke pattern on your material spread the upper edge until it is the right size for you. (Ill. 59.)

If the waistline is too large for you, make three dart-shaped plaits on the yoke pattern, laying the plaits on the upper edge and letting them taper to nothing at the hip line. (Ill. 60.) The depth of the plaits depends on the amount of alteration required.

ALTERING A DRAWERS PATTERN FOR A FIGURE WITH A LARGE ABDOMEN

If a woman has a large abdomen and cuts her drawers exactly by the pattern, her
abdomen will pull the drawers toward the front. If the drawers are lifted at the back to correct this tendency, the entire garment will be made shorter.

In cutting drawers for a prominent abdomen allow an extra inch or two at the top, tapering the allowance away to nothing over the hip. In circular drawers the upper edge of the drawer pattern must be slashed and spread to give the drawers the original waistline, which is made smaller in making this allowance. This alteration is practically the same as altering the top of a circular skirt for this type of figure. (Ills. 56 and 57.)