BEAUTY RECIPES

To Remove Freckles

It is claimed that freckles may be removed by any of the following recipes:

No. 1—Take grated horse-radish and put it in very sour milk; let it stand four hours, then wash the face night and morning.

No. 2—Rectified spirits 1 ounce, water 8 ounces, orange-flower water ½ ounce (or rose water, 1 ounce), distilled muriatic acid 1 tablespoonful; mix and use after washing.

No. 3—Lemon juice 1 ounce, powdered borax ¼ dram, sugar ½ dram; mix and let stand in a glass bottle for a few days, then rub on the face and hands night and morning. Two teaspoonfuls of lemon juice equal 1 ounce.

The skin should be protected from the direct light of the sun. Cold cream should be rubbed into it and powder dusted over it before going out into the sunlight. A wide brimmed hat or a parasol are needed for further protection.

Wash for Blotched Face

Rose water 3 ounces, sulphate of zinc 1 dram; mix and wet the face; gently dry it and then touch it over with cold cream, which also dry off gently.

To Remove Pimples

No. 1—Barley meal 1 ounce, powdered bitter almonds 1 ounce; enough honey to make a smooth paste.

No. 2—White vinegar 4 ounces, sulphur water 2 ounces, acetated liquor of ammonia ½ ounce, liquor of potassa 3 grains, distilled water 4 ounces; mix and apply twice a day.

It is better to consult a physician in case of obstinate pimples. A small, red pimple which comes from obstruction of the skin and imperfect circulation may sometimes be cured by frequent washing in warm water and prolonged friction with coarse towel.
Disappearing Cream

When the skin seems dry it needs another kind of a cream to the above formulas, and the face should be washed but once a day in water, using a pure, bland soap and warm water, followed by a cold dash of water to prevent colds.

This is done in the morning and at night, and during the day use a disappearing cream, rubbing it in, then wiping it off with a piece of old linen; at night, after a "cream wash," do not rub it off; let the cream soak in all night.

The disappearing cream is made as follows: White wax, 1 ounce; spermaceti, 1 ounce; almond oil, 4 ounces; rose water, 4 ounces. Use as described above. Can be put up by any druggist or at home, remembering that the more a cream is beaten the smoother it will be.

Cream for Tissue Building

Pure spermacetti, ¼ ounce; pure white wax, ¼ ounce; lanoline, 2 ounces; almond oil, ¼ pound; cocoa butter, ¼ pound. Melt and then add Balsam of Peru, 1 drachm; let it settle, pour off the clear part and then put in of orange flower water, 2 fluid drachms and keep on stirring until it becomes solid.

The other cream for building up the tissues is of spermacetti, ½ ounce; mutton tallow, 5 ounces; lanoline, 5 ounces; cocoanut oil, 4 ounces; oil of sweet almonds, 4 ounces; tincture of benzoin, 1 drachm; extract of Portugal, 4 ounces; oil of neroli, 20 drops. These creams are good; use either one, but use it constantly; do not omit a night during the month. If one can take a dessert spoonful three times a day of olive oil it helps to nourish the starved tissues.

For Summer Curls

To promote the curly appearance of hair and keep it longer in curl, moisten the hair with a lotion given below, and as the hair dries the curl will become apparent.

Dry salts of tartar, 1 dram; powdered cochineal, ½ dram; liquor of ammonia, essence of rose, 1 dram each; glycerine, ¼ oz.; rectified spirit, 1½ ozs.; 18 ozs. distilled water. Mix, let it stand for a week and stir frequently, then filter.
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Simple Hair Dye

Take one-half ounce of mullein flower and steep in water until liquid is black; strain and add one-half ounce of genista. Apply to the hair with a brush.

For Falling Hair

Shampoo the head with green liquid soap and plenty of hot water; then apply every day for a month this tonic and shampoo once a week with soap and water, until the month is up. Constant use of green soap will make the hair too dry.

Tonic: Tincture cantharides (alcoholic), 4 drachms; tincture capsicum, 1 drachm; tincture nux vomica, 4 drachms; cocoa oil, 1½ ounces; eau de cologne, 5 ounces.

To Prevent Hair from Falling Out

Hulls of butternuts, 4 ounces; infuse in 1 quart of water 1 hour; add ½ ounce of copperas; apply with soft brush every 2 or 3 days. The water that potatoes have been boiled in is said to prevent the hair from turning gray.

Treatment for Baldness

Macerate 1 dram powdered cantharides in 1 ounce spirits wine; shake frequently during a fortnight and then filter; rub together 10 parts of this tincture with 90 parts of cold lard; add any perfume. Rub well into the head night and morning.

Hair Tonic

Tincture of Spanish flies, 3 drams; castor oil, 2 drams; oil of rosemary, 1 dram; oil of rose geranium, 3 drops; alcohol sufficient to make, 4 ounces. Apply to scalp with fingers every 3 days.

Hair Tonic

Eau de cologne, 8 ounces; tincture of cantharides, 1 ounce; oil of lavender, ½ dram; oil of rosemary, ½ dram.

Shampoo

Carbonate of potash, 1 ounce; water of ammonia, ½ ounce; alcohol, 4 ounces; water sufficient to make, 8 ounces. Wet the head and pour sufficient of the solution on it to make a good lather when rubbed. Wash thoroughly and rinse with lukewarm water and dry.
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To Make the Eyebrows Grow

Sulphate of quinine, 5 grains; alcohol, 1 ounce; apply after brushing the eyebrows.

Treatment of Eczema

Cleanse the skin with the cleansing cream given below instead of soap and water. Apply the eczema cream to face and scalp before retiring.

Cleansing Cream—Oil of sweet almonds, 4 ounces; white wax, 1 ounce; vaseline, 1 ounce; extract of violet, 2 drams.

Eczema Cream—Calomel, 5 grains; sulphur, 1 dram; oil of cade, 1/2 dram; rose ointment sufficient to make one ounce.

An Astringent Cream

A well-recommended astringent cream is made from four ounces of mutton tallow, one and a quarter ounces of glycerine, one-half a dram of tincture of benzoin, a quarter of a dram of spirits of camphor, one-eighth of a dram of powdered alum, one-quarter of a dram of Russian isinglass and one-half an ounce of rose water.

The rose water is warmed in a china cup set in hot water and the isinglass is dissolved in it. The mutton tallow, which has previously been dried out at gentle heat and added to the glycerine, is then blended with the rose water, and the other ingredients are added while the mixture is being beaten. This makes a cream which is astringent, tightening the skin, without allowing it to become flabby, as often happens when one is reducing flesh.

For Chapped or Rough Hands

No. 1—Wash the hands with a mixture of lemon juice, 3 ounces; white wine vinegar, 3 ounces; white brand, 1/2 pint.

No. 2—Make an ointment by melting together 3 drams of gum camphor, 3 drams of white beeswax, 2 ounces of olive oil. Apply at night and wear gloves.

Rouge

Mix vermilion with enough gum tragacanth, dissolved in water, to form a thin paste; add a few drops of almond oil, place in rouge pot and dry by very gentle heat.
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To Beautify the Teeth and Sweeten the Breath

Chlorate of lime, 1 ounce in 1 pint of soft water, and let it stand 24 hours; then pour off the clear water and add 40 drops of essence of rose. Brush the teeth and rinse the mouth thoroughly with this solution.

A Tooth Powder for Daily Use

No. 1—Borax powder, 2 ounces; precipitate chalk, 4 ounces; myrrh, 1 ounce; iris, 1 ounce. Mix together.

No. 2—Take equal parts of prepared chalk, orris root, carbonate of magnesia and mix the powders together.

Violet Mouth Wash

After eating rinse the mouth with the following wash: Tincture of orris, ½ pint; spirit of rose, ½ pint; alcohol, ½ pint; attar of almonds, 5 drops. Shake the mixture thoroughly.

To Remove Ink or Fruit Stains

No. 1—Stains may be removed by immersing the hands in water slightly acidulated with oxalic acid or a few drops of oil of vitrol; or a little pearlash or chloride of lime may be added to water for this purpose. Afterward rinse them well in warm clean water and do not touch soap for some hours, as any alkaline matter will bring back the stains.

No. 2—Wash the hands in clear water, wipe them lightly and while moist strike a match, closing the hands above it so as to catch the smoke; the stains will disappear.

No. 3—Rubbing the hands with a slice of raw potato to remove vegetable stains.

No. 4—Damp the hands first in water, then rub them with tartaric acid as you would with soap; rinse and rub dry.

To Overcome Odorous Perspiration

When bathing put a few drops of ammonia in the water, dry the skin well and dust with the following powder:

Oleate of zinc, ½ ounce; powdered starch, 1 ounce; salicylic acid, 1 scruple.