vegetables for an adequate diet throughout the whole year. Other forms of food production such as producing quality milk was emphasized at project meetings. Food Production projects by 4-H Club members was encouraged.

FOOD PRESERVATION

All forms of food preservation were encouraged for Wood County families. Many kinds of canned food were still hard to get due to food shortages and home canning would alleviate the situation somewhat. Latest information on food preservation methods was distributed to everyone who requested it. Use of limited amounts of sugar in canning was encouraged because of sugar rationing. A pressure cooker testing clinic was held to encourage homemakers to use safe canning equipment.

RECREATION

Every Home Demonstration club and 4-H Club is encouraged to have some form of recreation as part of their program. Information on recreation was provided wherever requested.

The Home Demonstration Clubs cooperated with the County libraries to provide good reading materials for those interested in reading for recreation. The county librarians spoke at each of the officers meetings and explained the facilities offered rural people by the libraries. Book lists were given to each club for use by the members.

HOW THE WORK WAS CARRIED ON

The following methods of service were employed:

1. Meetings.

Both method demonstrations and discussion type meetings were used. Project leaders for five Home Demonstration projects were trained by the Home Agent or by the Home Agent with the assistance of a specialist.

a. Local Club Meetings.

The Home Demonstration club is organized on a community basis.

Each club is organized on a democratic plan with their own officers,