4.

i. Baseball throw for accuracy or distance.

j. Indian wrestle...See Health by Stunts.

k. Hand wrestling...""""

l. Under stick......""""

m. Rooster Fight...in a circle about six feet in diameter.

n. Twist the stick.

o. Tug of War...File formation...boys grasp each other around the waist, pull away from the center.

p. Skin the Snake.

q. Basketball far throw...Overhead forward. "backward.

r. Peanut scramble.

s. Backward jumping race.

t. Jumping and hopping races.

u. Pie-eating, cracker eating, water-melon.

v. Volstead Race (Dizzy Izzy)

w. Clock golf.

x. Relay races...shuttle...straightaway.

y. Wheelbarrow race.

z. Basketball dribble.

a'. Pick-a-back relay...Fireman's Carry relay or race.

b'. Peanut roll...with a toothpick or a pencil, etc.

c'. Dumb-bell roll with a wand, stick, or hand.

d'. Soccer...football...kick...drop, punt, place-kick.

e'. Blindfolded Paper Fight.

f'. Blindfolded Boxing.

g'. Stump walk, kneel, grasp ankles, walk.

EVENTS FOR GIRLS


a. 25-40-50 yards dash.

b. Hopping, Jumping races at various distances.

c. Balloon race (blow the biggest balloon.

d. Balloon race (but a balloon 15-20 yards, keeping it in the air)

e. Egg and spoon race.

f. Potato race.

g. All-up relay race.

h. Backward race...run backwards.

i. Basketball far throw for distance.

j. Volleyball throw for distance.

k. Needle and Thread race.

ll. Volstead race.

m. Rope Skipping race.

n. Kick the ball...basketball, soccer, volleyball.

o. Clock golf.
p. Club Snatch.
q. Relay races...shuttle...straightaway.
r. Shoc Race.
s. Ball roll...roll a basketball, volleyball, soccer ball with either hand.
t. Jumping circle (elimination)
u. Alphabet relay...spell words with cards...each member carries a card with a letter of the alphabet on it.
v. Candle race...light a candle and run with it to the finish line.

PROGRAMS FOR FIELD DAY OR PICNIC

a. 40 yard sack race....Boys up to 14 yrs.
b. 40 yard egg and spoon.....Girls over 14 yrs.
c. 75 yard dash..................Boys over 14 yrs.
d. 40 yard dash..................Girls up to 14 yrs.
e. 25 yard crab race.............Boys up to 14 yrs.
f. Three-legged race.............Boys over 14 yrs.
g. Threading the needle...........Girls open to all.
h. Volstead race..................Boys open to all.
i. Volleyball-fern-throw...........Girls up to 14 yrs.
j. Balloon race...................Girls open to all.
k. Baseball far throw............Boys up to 14 yrs.
l. Skin the snake.................Boys teams.
m. Club snatch...................Girls open to all.
n. Shuttle relay race.............Boys teams.
o. Shuttle Relay race...........Girls teams.
p. Baseball game.................Boys teams.
q. Volleyball game...............Girls teams.

a. Blindfolded Boxing...........Boys up to 14 yrs.
b. 40 yard egg and spoon race.Girls open to all.
c. 40 yard sack race................Boys open to all.
d. Balloon race..................Girls open to all.
e. 40 yard rope skipping.........Girls over 14 yrs.
f. Alphabet race..................Boys and girls teams.
g. Candle race, lighted candle...Girls up to 14 yrs.
h. Shoc race......................Boys over 14 yrs.
i. Shuttle relay...................Girls 14 yrs.
j. Needle and thread race........Boys and girls, open.
k. Basketball far throw..........Girls up to 14 yrs.
l. Skin the snake.................Boys teams.
m. Jumping circle................Girls open to all.

r. Three-legged race............Boys open to all.
o. Peanut roll.....................Boys up to 14 yrs.
p. Rolling race...................Boys open to all.
q. Soccorball kicking race......Girls over 14 yrs.