DESCRIPTION OF CLOGGING TERMS AND STUNT STEPS*

1 = a step involving a change of weight usually made with the ball of the foot.

2 = weight on 1 foot, a brush forward and backward with the opposite foot. (leg relaxed--making two distinct taps)

3 = 2--1; weight on 1 foot, a brush forward and back with the other foot, then a change of weight.

5 = 1--3--1, a waltz clog.
False 5--3--1--1

7 = 3--3--1, no pause between the threes, but the 1 is held for an extra count. (begins and ends on the same foot)

Rattle = same as a 2.

Brush = weight on 1 foot, a small movement with the ball of the other foot sliding it along the floor in any direction.

Slap step = weight on 1 foot other leg raised and relaxed, swing it down forcibly striking the floor with the ball of the foot and change weight.

Chug = pulling body forward on one foot other knee raised (keeping foot in contact with the floor)

Pull = pulling body backwards or sideways on 1 foot with the other leg extended in the direction of the pull.

Heel Roll = Toe raised out, pivot inward on heel ending with entire foot on the floor and the toe turned in. This is heel roll inward, may also be done outward.

Wiggle Stick = Toes together; (1) Left heel roll out, placing Right toe behind Left heel; (2) toes together; (3) Right heel roll out, placing Left toe behind Right heel.

Single Travel = Pivot alternately on heel and toe of same foot dragging other foot.

Parallels = Keeping foot parallel and together, pivot alternately on heels and toes, moving in same direction.

Pigeon Toes = (to Left) Toes together pivot on Left heel out on Right toe bringing heels together. Pivot on Left toe and Right heel bringing toes together, etc., moving to Left.

Rubber Legs or Rocking Step = starting Left swing Left leg over Right.
Stop Left feet close together, change weight from Left-Right-Left, hop Left swing Right leg diagonally forward and across over Left.

*Mosserop and Shaferman, Clogs and Character Dances.
Shuffle = same as 2 or Rattle.

Shuffle Ball Change = weight on 1 foot, brush other foot forward and back, step on ball of the foot, and change weight.
(brush brush—ball—change)

Grappino = described starting Left. Stop Right foot across in rear of Left, step Left foot to side, step Right foot across in front of Left, step Left foot to side.

Railroad Shuffle = weight on Left foot. Slide Right toe back to Left, cut Left heel forward and circle Left foot to Left, stop Left.

Cake Walk Step = With body leaning backward as far as possible touch Right toe forward (count 1), stamp Right heel on floor and at same time swing Left arm forward (count 2). Repeat with Left foot, swinging Right arm forward, and continue advancing forward with each step.

Swing Step = This step is done in 2's, holding partner closely with arm around waist. Swing Right foot forward around and step to Right side the person at the Left playing his Right foot to the Right of his partner's Left foot; that is, between his partner's Right and Left foot. The swing will be count 1 and step will be count 2. On the next count 1 swing the Left foot forward and on count 2 step to the Left side. The person at the Right will have to bring his Left foot back of his partner's Right foot in order to swing his Left foot forward and around to the Left. He finishes this swing by placing his Left foot between his partner's two foot.

FOLK DANCES

Ace of Diamonds
Music: Page 22

Formation:
Double circle. Partners face each other, hands on hips.
Number One of each couple facing center, number Two facing outward.
Measures 1-8. Clap hands, hook right arms and turn in place with three polka steps.
Repeat, hooking left arms.
Measures 9-16. Number two going backward toward the center of the circle with four step hops, starting backward with the left foot. Number one follows two, moving forward with four step hops, starting with the left foot.
Repeat going back to place number one's going backward and number two's going forward.
Measures 17-24. Face in line of direction, inside hands joined.
Sixteen polka steps around the circle.
Repeat all from the beginning.

Blinking
Music: Page 23

Formation:
Single circle. Partners face each other. Both hands joined.