HIGHER RACE DEVELOPMENT

Course of instructions, in book form, on the right use of sex. Like the book on Dietetics, this book on sex is the result of many years of experience, and founded on the teachings as given to the classes at "Beverly Hall."

The direct cause for its issue in book form at this time is the demand of the teachers of the Rose Cross Aid for a text book on Higher Race Development which might be used to instruct classes of the Aid throughout the country.

So necessary did some of our teachers consider this, that Rev. A. W. Witt of Kansas City, Mo., offered to contribute a sufficient amount of money to insure its publication.

CONTENTS

Introduction—A case in mind.
The Purity of Sex.
The Beginning of Sex Lies.
Sex Teachings in Public Places.
The Path of Death—Part I
The Path of Death—Part II
The Sex Purity of the Girl.
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Environment.
The Law of Transmission—Part I
The Law of Transmission—Part II
Prenatal Influence.
Two Dangerous Periods.
Birth Control.
The Wedding Night.

Some years ago when we issued the book "Exalted Life" it was offered to the public at a special rate of $1.25, but at the present time no copy of that book can be had for less than $10.00 and it is considered cheap at that price.

The present book we consider of even greater importance than "Exalted Life," and those interested in Race Development, or those desiring to become teachers, cannot afford to miss this book.

If these instructions can be made generally known, and if the people will follow them, complete race reconstruction will be possible within two generations.


A REAL COOK BOOK

THE ROSE CROSS AID COOK BOOK

By Mrs. A. W. Witt

This is the third text book in the series now issued for the Rose Cross Aid in its work of reconstruction.

The book was prepared by Mrs. A. W. Witt in accordance with the system of food preparation as followed at "Beverly Hall" both for patients who come for treatment and for the Student Body during the semi-yearly Convocations, and are in entire harmony with, and in fact form a part of the instruc-
tions given by the "School Dietetics and Food Economy."