FOREWORD

God what a world! if men in street and mart
Felt that same impulse of the human heart
Which makes them in the hour of flame and flood
Rise to the meaning of true Brotherhood!

The heart of the world throbs with sympathy
for the suffering women and children in the war-
devastated countries of Europe. He who does not
long to be a helper in this hour of vast need and
unprecedented anguish must be made of something
more adamant than stone. America owes a large
debt to the culinary artists of Europe. Without
their originality and finished skill, in the creation
of savory dishes for the table, the art of enter-
taining in our land could never have attained its
present perfection.

Ever ready to incorporate in her own methods
whatever other countries had to offer as improve-
ments, America has received from the epicurean
chefs of Europe conspicuous benefits. In every menu
from coast to coast, these facts make themselves
evident. It is then fitting, that at this crucial
hour, we repay something of the debt we owe by
making this little cooking manual an instant and decided success, knowing the proceeds from its sale will relieve such distress as we in our sheltered homes can scarcely picture by the greatest effort of imagination.

Our souls should be vessels receiving
The waters of love for relieving
The sorrows of men.
For here lies the pleasure of living:
In taking God's bounties and giving
The gifts back again.