PREFACE

This course in sewing is especially designed to help the teacher who has had little training and experience. The work is arranged in proper sequence and detailed directions are given for the making of each article or garment suggested. The problems chosen include the stitches, seams, and finishes which should be taught under elementary sewing. Patching and darning are taught on samplers, but aside from this the principles are applied on useful articles or garments. The illustrations will help to explain the directions and will be found useful in teaching children.

A study of materials is also given, suggesting simple methods of testing the quality and detecting adulterations, the emphasis in each case being placed upon the practical information which can be used in buying cloth. An effort has been made to make it simple and practical so that it may be presented to children in an interesting way.

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